

CAP Individual Card Application

CAP supports community groups, organisations and charities to get the people they work with active. By working in partnership we can help Edinburgh's most vulnerable individuals and communities get active and improve the lives of the people of Edinburgh.

Purpose of the CAP individual card:

To help people incorporate activity into daily life. CAP individual cards provide reduced entry prices to Edinburgh Leisure's activities for your service users. We recommend these are given to individuals who have attended sessions run by your organisation or who are confident accessing activities on their own, if you feel they need more support to be active please contact the CAP team.

CAP Individual card offers:

CAP individual cards are valid for 12 months, an individual can be referred only once. If an individual would like to know about longer term options to be active or options for after CAP please speak to an Edinburgh Leisure Customer Service Advisor in one of our centres or contact the CAP team.

CAP reduced prices are available before 4pm Monday to Sunday per activity (plus 8.00pm to closing time for gym use).



Gym, Swim,
Fitness Class,
Sauna or Steam
Room

£1 per person



5 A-side Pitch

£10
per hour



Badminton Court
or Table Tennis

£2 per hour



Tennis Court Hire

£4 per hour

CAP (Community Access Programme)
Edinburgh Leisure, Vantage Point, 3 Cultins Road,
Edinburgh, EH11 4DF
E: active@edinburghleisure.co.uk T: 0131 458 2100

www.edinburghleisure.co.uk

Registered Scottish Charity No: SC027450

Edinburgh Leisure
The Biggest Club in Town

CAP Individual Card Application

**CAP individual cards are valid for 12 months.
An individual can be referred only once.**

Personal information			
Title			
Full name			
Address			
		Postcode	
Phone number			
Date of birth			
Email address			
Have you attended a sport or exercise activity taster session with the organisation referring you?			Yes <input type="checkbox"/> / No <input type="checkbox"/>

1 Strongly disagree	2 Disagree	3 Neither agree nor disagree	4 Agree	5 Strongly Agree	
I have support to take part in sport and exercise activities.	1	2	3	4	5
I am confident in taking part in sport and exercise activities.	1	2	3	4	5
I enjoy taking part in sport and exercise activities.	1	2	3	4	5

Data Protection Act 1998: The personal data on this form will be used to process your participation in this programme. Your details will be kept confidential and will only be used by authorised staff and not shared with third parties. Your answers will be recorded separately from your contact details so it remains anonymous and shared with our funders and academics to better understand how physical activity impacts health and wellbeing. From time to time we may contact you with offers and information about Edinburgh Leisure. Please tick this box if you do not wish to receive this information

Referrer information			
Name		Edinburgh Leisure CAP card number	
Signed		Date	

Please return to CAP:

CAP (Community Access Programme)
Edinburgh Leisure, Vantage Point, 3 Cultins Road,
Edinburgh, EH11 4DF
E: active@edinburghleisure.co.uk T: 0131 458 2100

www.edinburghleisure.co.uk



Edinburgh Leisure
The Biggest Club in Town